

Grade 2

Resiliency HE.2.R

Standard 1 Character HE.2.R.1

- 1 Identify the benefits of showing kindness and treating others with respect. HE.2.R.1.1
 - 2 Identify what a conflict is and how disagreements can happen. HE.2.R.1.2
 - 3 Explain the importance of being truthful. HE.2.R.1.3
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Standard 2 Personal Responsibility HE.2.R.2

- 1 Identify ways to make positive contributions to the wellbeing of the school and the community. HE.2.R.2.1
 - 2 Identify personal goals and strategies to achieve those goals. HE.2.R.2.2
 - 3 Demonstrate healthy ways to express needs, wants, and listening skills. HE.2.R.2.3
 - 4 Identify personal strengths and areas for improvement. HE.2.R.2.4
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Standard 3 Mentorship and Citizenship HE.2.R.3

- 1 Identify ways to benefit the school and the community. HE.2.R.3.1
 - 2 Identify characteristics of a community leader. HE.2.R.3.2
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Standard 4 Critical Thinking and Problem Solving HE.2.R.4

- 1 Identify strategies to work together to solve problems. HE.2.R.4.1
 - 2 Identify how disagreements can be settled using conflict resolution skills. HE.2.R.4.2
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Personal Health Concepts HE.2.PHC

Standard 1 Core Concepts HE.2.PHC.1

- 1 Discuss how healthy behaviors affect personal health. HE.2.PHC.1.1
- 2 Describe ways you can prevent personal injuries. HE.2.PHC.1.2
- 3 Recognize the locations and functions of major human organs. HE.2.PHC.1.3
- 4 Select trusted adults and professionals who can help promote health. HE.2.PHC.1.4
- 5 Recognize healthy practices and behaviors to maintain or improve personal health. HE.2.PHC.1.5

Standard 2 Internal and External Influence HE.2.PHC.2

- 1 Describe how outside influences, family, and friends can influence personal health decisions. HE.2.PHC.2.1
- 2 Describe ways a safe, healthy home environment can promote personal health. HE.2.PHC.2.2
- 3 Describe the attributes of a safe and responsible internet user. HE.2.PHC.2.3

Standard 3 Prevention and Decision Making HE.2.PHC.3

- 1 Differentiate between situations when a health-related decision can be made individually or when assistance is needed. HE.2.PHC.3.1
- 2 List healthy options to health-related issues or problems. HE.2.PHC.3.2
- 3 Compare the consequences of following/not following rules/practices when making healthy and safe decisions. HE.2.PHC.3.3
- 4 Discuss short-term and long-term goals and their importance to physical health. HE.2.PHC.3.4
- 5 Establish a short-term health goal as a class and monitor progress toward achieving the goal. HE.2.PHC.3.5

Standard 4 Advocacy HE.2.PHC.4

- 1 Demonstrate appropriate responses to unwanted, unsafe, and threatening situations. HE.2.PHC.4.1

Community and Environmental Health HE.2.CEH**Standard 1 Core Concepts** HE.2.CEH.1

- 1 Identify how healthy behaviors affect the community. HE.2.CEH.1.1
- 2 Describe ways to prevent common communicable diseases in the community. HE.2.CEH.1.2

Standard 2 Internal and External Influence HE.2.CEH.2

- 1 Explain the ways that rules make the classroom, school, and community safer. HE.2.CEH.2.1
- 2 Describe how the school and community influence health behaviors of children. HE.2.CEH.2.2

Standard 3 Prevention and Decision Making HE.2.CEH.3

- 1 Describe ways the community can prevent childhood injuries in the school and community settings. HE.2.CEH.3.1

Standard 4 Advocacy HE.2.CEH.4

- 1 Support peers when making positive health choices. HE.2.CEH.4.1
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**Consumer
Health** HE.2.CH

Standard 1 Core Concepts HE.2.CH.1

- 1 Understand the meaning of warning labels and signs on hazardous products. HE.2.CH.1.1
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Standard 3 Prevention and Decision Making HE.2.CH.3

- 1 Describe healthy and unhealthy choices. HE.2.CH.3.1
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Standard 4 Advocacy HE.2.CH.4

- 1 Practice ways to ask for support from a trusted adult or professional. HE.2.CH.4.1