

# Dance: Grade 3

## Creating

- 1 Demonstrate an understanding of the choreographic process.** ESD3.CR.1
  - a Collaborate with others to create and perform movement phrases. ESD3.CR.1.A
  - b Create a sequence of three or more movements utilizing body, space, time, and energy. ESD3.CR.1.B
  - c Explore how personal feelings and experiences influence choreography and performance. ESD3.CR.1.C
  - d Respond to a variety of stimuli through movement (e.g. literature, visual art, props). ESD3.CR.1.D
  - e Implement various approaches to creating choreography (e.g. improvisation, guided imagery). ESD3.CR.1.E

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- 2 Demonstrate an understanding of dance as a form of communication.** ESD3.CR.2
  - a Use personal experiences and choreographic tools (e.g. improvisation, guided imagery) to create a movement narrative. ESD3.CR.2.A
  - b Recognize and describe how movement quality impacts meaning. ESD3.CR.2.B
  - c Move expressively to music or other stimuli (e.g. sound, text). ESD3.CR.2.C

## Performing

- 1 Identify and demonstrate movement elements, skills, technique, and terminology in dance.** ESD3.PR.1
  - a Apply and expand dance terminology to describe and create movement (e.g. levels, pathways, directions, speed, rhythm, energy, qualities, shapes). ESD3.PR.1.A
  - b Combine and execute a wide range of locomotor movements with appropriate energy and coordination (e.g. walk, run, hop, jump, gallop, skip). ESD3.PR.1.B
  - c Execute a range of axial movements comprised of space, force, body shapes, and qualities (e.g. levels, sharp/smooth, curved/straight, heavy/light, swing/float planes). ESD3.PR.1.C
  - d Demonstrate weight transfer and directional changes in axial and locomotor movements. ESD3.PR.1.D
  - e Perform or improvise a sequence of movements in response to oral instruction and prompts. ESD3.PR.1.E

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**2 Understand and model dance etiquette as a classroom participant, performer, and observer.** ESD3.PR.2

- a Demonstrate attentiveness, full participation, and cooperation with others in the dance learning environment. ESD3.PR.2.A
- b Demonstrate focus and concentration in the performance of skills. ESD3.PR.2.B
- c Apply knowledge of appropriate behaviors and skills as an observer and performer. ESD3.PR.2.C

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**3 Recognize the relationship between human anatomy and movement.** ESD3.PR.3

- a Apply knowledge of healthy practices for dance (e.g. proper warm up/cool down, proper clothing, stretching). ESD3.PR.3.A
- b Describe the concept of alignment. ESD3.PR.3.B
- c Recognize and identify major muscles, bones, and joints on one's own body using limited anatomical terminology. ESD3.PR.3.C

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**4 Understand and apply music concepts in dance.** ESD3.PR.4

- a Create and perform simple movement sequences using rhythmic patterns and various tempos in guided and improvised dance. ESD3.PR.4.A
- b Demonstrate how music or sounds influence movement quality. ESD3.PR.4.B

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**Responding**

**1 Demonstrate critical and creative thinking in dance.** ESD3.RE.1

- a Explain basic features that distinguish one dance from another (e.g. speed, force/energy, costume, setting, music). ESD3.RE.1.A
- b Compare and contrast movement elements of dance. ESD3.RE.1.B
- c Evaluate simple composition using specified criteria. ESD3.RE.1.C
- d Demonstrate an understanding of dance as a means of communication, expression, and interaction. ESD3.RE.1.D

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**Connecting**

**1 Understand and demonstrate dance throughout history and in various cultures.** ESD3.CN.1

- a Recognize the reason for dance in other cultures. ESD3.CN.1.A
- b Compare and contrast various dance styles (e.g. ballet, jazz, tap, folk). ESD3.CN.1.B

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**2 Recognize connections between dance and wellness.** ESD3.CN.2

- a Explain how health, hygiene, and nutrition enhance dance ability. ESD3.CN.2.A
- b Develop and practice criteria for personal safety and the safety of others in dance. ESD3.CN.2.B

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**3 Identify connections between dance and other areas of knowledge.** ESD3.CN.3

- a Compare and contrast dance to other art forms and subject areas. ESD3.CN.3.A
- b Explore, create, and communicate the art of dance through the use of media and technology. ESD3.CN.3.B