

Teen Living (2016)

Examine Factors that Impact Personal Development

1.01 Explore development that occurs during the teen years 1.01

1.02 Analyze the importance of critical thinking 1.02

1.03 Assess personal safety and the proper uses of technology tools and social media 1.03

Explore Contemporary Family Relationships

2.01 Explain family roles and responsibilities across the lifespan 2.01

2.02 Develop ways to improve family relationships 2.02

2.03 Analyze life events and experiences that impact the family 2.03

Explore Early Childhood Development and Care

3.01 Explain the importance of a safe home environment 3.01

3.02 Explore early childhood development 3.02

3.03 Explore the responsibilities and duties of a successful caregiver 3.03

Develop Healthy Relationship Practices

4.01 Explore friendships and healthy relationships 4.01

4.02 Demonstrate communication skills that contribute to positive relationships 4.02

4.03 Analyze ways to prevent and reduce conflict and youth violence 4.03

Explore Life and Resource Management

5.01 Develop personal goals and a time management plan 5.01

5.02 Explore effective money management skills 5.02

5.03 Explain fashion trends and peer influences on clothing 5.03

5.04 Develop safe skills for clothing construction 5.04

5.05 Develop skills in clothing care and maintenance 5.05

5.06 Describe the importance of family housing 5.06

5.07 Apply elements and principles of design to personal space 5.07

5.08 Develop skills to keep home and personal space clean and safe 5.08

**Develop Healthy
Nutrition Practices**

6.01 Plan food choices that meet nutrition guidelines 6.01

6.02 Explore factors that affect kitchen safety, sanitation and management 6.02

6.03 Demonstrate ways to prepare simple healthy meals and snacks 6.03

**Apply Career Ready
Practices**

7.01 Explore ways to balance the responsibilities of family, school, and work 7.01

7.02 Research careers options 7.02

7.03 Explore teen job possibilities that support a career goal 7.03

7.04 Demonstrate a positive work ethic 7.04

7.05 Demonstrate ways to improve cooperation, teamwork, and leadership 7.05
