

# Social and Emotional Development and Approaches to Play and Learning

## SELF-AWARENESS

### Understanding and Expression of Emotions

- 1 The child will be able to recognize, identify, and express his/her emotions. [SEL1](#)
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### Self-Perception/Self-Concept

- 2 The child will demonstrate accurate self-perception. [SEL2](#)
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### Self-Efficacy (Confidence/Competence)

- 3 The child will demonstrate self-efficacy (confidence/competence). [SEL3](#)
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### Self-Management

- 4 The child will demonstrate impulse control and stress management. [SEL4](#)
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## SOCIAL AWARENESS

### Empathy

- 5 The child will display empathetic characteristics. [SEL5](#)
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### Recognition of Diversity and Demonstration of Respect for Others

- 6 The child will recognize diversity and demonstrate respect for others. [SEL6](#)
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## RELATIONSHIP SKILLS

### Interpersonal Communication

- 7 The child will demonstrate the ability to communicate with others in a variety of ways. [SEL7](#)
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### Social Relationships

- 8 The child will engage socially, and build relationships with other children and with adults. [SEL8](#)
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### Conflict Management

- 9 The child will demonstrate the ability to manage conflict. [SEL9](#)
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### Seeking and Offering Help

- 10 The child will demonstrate the ability to seek help and offer help. [SEL10](#)
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## **RESPONSIBLE DECISION MAKING**

### **Personal, Social, and Ethical Responsibility**

- 11 The child will demonstrate beginning personal, social, and ethical responsibility. [SEL11](#)
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### **Reflection and Evaluation**

- 12 The child will demonstrate the ability to reflect on and evaluate the results of his/her actions and decisions. [SEL12](#)
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## **APPROACHES TO PLAY AND LEARNING**

### **Initiative, self-direction, and independence**

- 1 The child will demonstrate initiative, self-direction, and independence. [APL 1](#)
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### **Eagerness and Curiosity as a Learner**

- 2 The child will demonstrate eagerness and curiosity as a learner. [APL 2](#)
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### **Focus and Persistence**

- 3 The child will be able to maintain focus and attention, and persist in efforts to complete a task. [APL 3](#)
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### **Creativity**

- 4 The child will demonstrate creativity in thinking and use of materials. [APL 4](#)
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### **Cooperative Play and Learning**

- 5 The child will cooperate with others in play and learning. [APL 5](#)
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### **Problem Solving**

- 6 The child will seek multiple solutions to a question, task, or problem. [APL 6](#)
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### **Organizational Skills**

- 7 The child will demonstrate organizational skills. [APL 7](#)
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### **Retain and Recall Information**

- 8 The child will be able to retain and recall information. [APL 8](#)