

# Interpersonal Relationships: Grades 9-12

Analyze functions and expectations of various types of relationships. 13.1

- 1 Analyze processes for building and maintaining interpersonal relationships. 13.1.1
- 2 Predict the effects of various stages of the family life cycle on interpersonal relationships. 13.1.2
- 3 Compare physical, emotional, spiritual and intellectual functioning in stable and unstable relationships. 13.1.3
- 4 Analyze factors that contribute to healthy and unhealthy relationships. 13.1.4
- 5 Analyze processes for handling unhealthy relationships. 13.1.5
- 6 Demonstrate stress management strategies for family, work, and community settings. 13.1.6

Analyze personal needs and characteristics and their effects on interpersonal relationships. 13.2

- 1 Analyze the effects of personal characteristics on relationships. 13.2.1
- 2 Analyze the effect of personal need on relationships. 13.2.2
- 3 Analyze the effects of self-esteem and self-image on relationships. 13.2.3
- 4 Analyze the effects of life span events and conditions on relationships. 13.2.4
- 5 Explain the effects of personal standards and behaviors on interpersonal relationships. 13.2.5

Demonstrate communication skills that contribute to positive relationships. 13.3

- 1 Analyze communication styles and their effects on relationships. 13.3.1
- 2 Demonstrate verbal and nonverbal behaviors and attitudes that contribute to effective communication. 13.3.2
- 3 Demonstrate effective listening and feedback techniques. 13.3.3
- 4 Analyze strategies to overcome communication barriers in family, community and work settings. 13.3.4

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**5 Apply ethical principles of communication in family, community and work settings.** 13.3.5

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**6 Analyze the effects of technology on communications in family, work, and community settings.** 13.3.6

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**7 Analyze the roles and functions of communications in family, work, and community settings.** 13.3.7

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**Evaluate effective conflict prevention and management techniques.** 13.4

**1 Analyze the origin and development of attitudes and behaviors regarding conflict.** 13.4.1

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**2 Explain how similarities and differences among people affect conflict prevention and management.** 13.4.2

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**3 Apply the roles of decision making and problem solving in reducing and managing conflict.** 13.4.3

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**4 Demonstrate nonviolent strategies that address conflict.** 13.4.4

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**5 Demonstrate effective responses to harassment.** 13.4.5

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**6 Assess community resources that support conflict prevention and management** 13.4.6

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**Demonstrate teamwork and leadership skills in the family, workplace, and community.** 13.5

**1 Create an environment that encourages and respects the ideas, perspectives, and contributions of all group members.** 13.5.1

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**2 Demonstrate strategies to motivate, encourage, and build trust in group members.** 13.5.2

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**3 Demonstrate strategies that utilize the strengths and minimize the limitations of team members.** 13.5.3

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**4 Demonstrate techniques that develop team and community spirit.** 13.5.4

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**5 Demonstrate ways to organize and delegate responsibilities.** 13.5.5

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**6 Create strategies to integrate new members into the team.** 13.5.6

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**7 Demonstrate processes for cooperating, compromising, and collaborating.** 13.5.7

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**Demonstrate standards that guide behavior in interpersonal relationships.** 13.6

**1 Apply critical thinking and ethical criteria to evaluate interpersonal relationships.** 13.6.1

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**2 Apply ethical guidelines when assessing interpersonal issues and situations.** 13.6.2

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**3 Apply critical thinking and ethical standards when making judgments and taking action.** 13.6.3

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**4 Demonstrate ethical behavior in family, workplace, and community settings.** 13.6.4

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**5 Compare the relative merits of opposing points of view regarding current ethical issues.** 13.6.5