

# Grade 1

Adopted 2007

Students will comprehend concepts related to health promotion and disease prevention to enhance health.

1. The student will understand common health issues in children.
  - <li>Alcohol and Other Drugs</li><li>Community and Environmental Health</li><li>Family Life and Sexuality</li><li>Injury Prevention</li><li>Mental Health</li><li>Nutrition</li><li>Personal and Consumer Health</li><li>Physical Activity</li><li>Tobacco</li></ul>
  - 2. The student will identify childhood injuries and illnesses.
    - <li>Alcohol and Other Drugs</li><li>Community and Environmental Health</li><li>Family Life and Sexuality</li><li>Injury Prevention</li><li>Mental Health</li><li>Nutrition</li><li>Personal and Consumer Health</li><li>Physical Activity</li><li>Tobacco</li></ul>

Students will analyze the influence of culture, media, technology, and other factors on health behaviors.

1. The student will explain how information from a variety of sources influences health.

Students will demonstrate the ability to access valid information and products and services to enhance health.

1. The student will locate resources from home, school, and community that provide valid health information.

Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

1. The student will describe characteristics needed to be a responsible friend and family member.
2. Identify ways to communicate care. Consideration, respect of self and others.

Students will demonstrate the ability to use decision-making skills to enhance health.

1. The student will recognize outcomes of positive health decisions.

**Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.**

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- 1. The student will demonstrate ways to avoid and reduce threatening situations.**

**Students will demonstrate the ability to advocate for personal, family, and community health.**

- 1. The student will describe a variety of methods to convey accurate health information and ideas.**