

# Grade 2

Adopted 2007

Students will comprehend concepts related to health promotion and disease prevention to enhance health.

1. The student will identify indicators of mental, emotional, social and physical health during childhood.
  - <li>Alcohol and Other Drugs</li><li>Community and Environmental Health</li><li>Family Life and Sexuality</li><li>Injury Prevention</li><li>Mental Health</li><li>Nutrition</li><li>Personal and Consumer Health</li><li>Physical Activity</li><li>Tobacco</li></ul>
  - 2. The student will explain how childhood injuries and illness can be prevented.
    - <li>Alcohol and Other Drugs</li><li>Community and Environmental Health</li><li>Family Life and Sexuality</li><li>Injury Prevention</li><li>Mental Health</li><li>Nutrition</li><li>Personal and Consumer Health</li><li>Physical Activity</li><li>Tobacco</li></ul>

Students will analyze the influence of culture, media, technology, and other factors on health behaviors.

1. The student will explain how media influences thoughts, feelings and health behavior.

Students will demonstrate the ability to access valid information and products and services to enhance health.

1. The student will explain how media influences the selection of health information.

Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

1. The student will describe refusal skills to enhance health.
2. The student will differentiate between negative and positive behaviors used in conflict situation.

Students will demonstrate the ability to use decision-making skills to enhance health.

1. The student will set a personal health goal and track progress toward its achievement.

**Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.**

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- 1. The student will compare behaviors that are safe to those that are risky or harmful.**
  - 2. The student will develop injury prevention and self-management strategies for personal health.**
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**Students will demonstrate the ability to advocate for personal, family, and community health.**

- 1. The student will express information and opinions about health information and ideas.**