

# Grade 2

Adopted 2016

**Demonstrate competency in a variety of motor skills and movement patterns.**

- 1. Performing basic locomotor, nonlocomotor, and manipulative skills in mature patterns; and** [A.2.1](#)
- 2. Performing rhythmic activity with correct response to simple rhythms.** [A.2.2](#)

**Apply knowledge of concepts, principles, strategies, and tactics related to movement and performance.**

- 1. Identifying games, sports, or dances performed in other cultures; and** [B.2.1](#)
- 2. Combining locomotor skills in general space to rhythm or beat.** [B.2.2](#)

**Demonstrate the knowledge and skills to achieve and maintain a healthenhancing level of physical activity and fitness.**

- 1. Recognizing the balance of good nutrition with physical activity;** [C.2.1](#)
- 2. Describing physical activities outside health enhancement class;** [C.2.2](#)
- 3. Actively engaging in health enhancement class in response to instruction and practice;** [C.2.3](#)
- 4. Identifying physical activities which contribute to developing strength and fitness; and** [C.2.4](#)
- 5. Describing warm up and cool-down activities related to vigorous physical activity.** [C.2.5](#)

**Exhibit responsible personal and social behavior that respects self and others.**

- 1. Practicing skills with minimal teacher prompting;** [D.2.1](#)
- 2. Accepting responsibility for class protocols with behavior and performance actions;** [D.2.2](#)
- 3. Accepting specific corrective feedback from a teacher;** [D.2.3](#)
- 4. Recognizing the role of rules and etiquette in teacher-designed physical activities;** [D.2.4](#)
- 5. Working independently with others in partner environments;** [D.2.5](#)
- 6. Recognizing ways to accept other's ideas, cultural diversity, and body types during games and physical activities; and** [D.2.6](#)

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**7. Working independently and safely in physical activity settings.** D.2.7

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**Recognize the value of physical activity for health, enjoyment, selfexpression, and/or social interaction.**

**1. Describing the value of "good health balance";** E.2.1

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**2. Comparing physical activities that bring confidence and challenges; and** E.2.2

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**3. Discussing positive results gained from participating in physical activities with others.** E.2.3