

Family and Consumer Science: 7th Grade

Relationships, Peer and Family-The student will

- 1 Identify characteristics of healthy and unhealthy relationships and behaviors knowing limits, boundaries, and refusal skills. [HSE.MS.7.1](#)
- 2 Expose media and cultural influences to recognize unhealthy messages related to peer pressure, relationships, and/or elicit behaviors. [HSE.MS.7.2](#)
- 3 Address benefits of abstinence and increase awareness of risks associated with sexual activity. [HSE.MS.7.3](#)
- 4 Develop support systems to maintain the healthiest personal choice in relationships. [HSE.MS.7.4](#)
- 5 Identify physical and social consequences of using tobacco, marijuana, inhalants, alcohol, and other drugs. [HSE.MS.7.5](#)
- 6 Identify and explain family functions. (Ex: physical needs, intellectual development, emotional well-being, socialization) [HSE.MS.7.6](#)
- 7 Describe the characteristics of the family life cycle stages. [HSE.MS.7.7](#)
- 8 Identify healthy characteristics of families and explain how to use these characteristics to improve and strengthen family relationships. [HSE.MS.7.8](#)
- 9 Examine resources and methods of handling family crisis. [HSE.MS.7.9](#)
- 10 Incorporate technology tools & skills as they complete research and projects throughout the unit. [HSE.MS.7.10](#)

Textiles, Sewing and Design-The student will

- 11 Identify and practice safety while using sewing equipment. [HSE.MS.7.11](#)
- 12 Identify parts of the sewing machine, correct threading of the sewing machine and correct use of the sewing machine. [HSE.MS.7.12](#)
- 13 Demonstrate basic sewing skills before and during the construction of a project. [HSE.MS.7.13](#)
- 14 Read & follow oral and written directions while completing a sample/project. [HSE.MS.7.14](#)

15 Identify and practice clothing care - laundry, iron, repair. HSE.MS.7.15

16 Understand the terminology associated with design, textiles, merchandizing, and the clothing industry. HSE.MS.7.16

17 Incorporate technology tools & skills as they complete research and projects throughout the unit. HSE.MS.7.17