

Autism Support: Social Skills

Relationship Skills RS

A. Beginning Relationship Skills RS.A

- 1 Listening Without Interrupting RS.A.1
 - 2 Greeting Others RS.A.2
 - 3 Responding to a Greeting RS.A.3
 - 4 Asking a Question About a Topic RS.A.4
 - 5 Staying on Topic RS.A.5
 - 6 Responding to Questions RS.A.6
 - 7 Taking Turns RS.A.7
 - 8 Complimenting Others RS.A.8
 - 9 Helping Others RS.A.9
 - 10 Encouraging Others RS.A.10
 - 11 Cooperating with Others RS.A.11
 - 12 Sharing RS.A.12
 - 13 Asking a Favor RS.A.13
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B Advanced Relationship Skills RS.B

- 1 Starting a Conversation RS.B.1
 - 2 Continuing a Conversation RS.B.2
 - 3 When to Introduce a New Topic RS.B.3
 - 4 Accepting a Topic Change RS.B.4
 - 5 Ending a Conversation RS.B.5
 - 6 Responding to Offers to Join In RS.B.6
 - 7 Asking to Join In RS.B.7
 - 8 Communicating Preferences RS.B.8
 - 9 Accepting Another's Opinion RS.B.9
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Social Comprehension SC

A Group Understandings SC.A

- 1 Reading Others SC.A.1
 - 2 Reading the Environment SC.A.2
 - 3 Using a Friendly Voice SC.A.3
 - 4 Using a Respectful Voice SC.A.4
 - 5 Giving Information Nonverbally SC.A.5
 - 6 Attending to a Model SC.A.6
 - 7 Respecting Another's Boundaries SC.A.7
 - 8 Showing Interest in Others SC.A.8
 - 9 Understanding Differences SC.A.9
 - 10 Taking Another's Perspective SC.A.10
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Self-Regulation SR

A Internal SR.A

- 1 Regulating Your Attention SR.A.1
 - 2 Recognizing Anxiety SR.A.2
 - 3 Deciding What Causes Your Anxiety SR.A.3
 - 4 Dealing with Anxiety SR.A.4
 - 5 Checking Your Voice and Interests SR.A.5
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B External SR.B

- 1 No Means No SR.B.1
 - 2 Using Self-Control SR.B.2
 - 3 Dealing with Change SR.B.3
 - 4 Dealing with Boredom SR.B.4
 - 5 Responding to Authority SR.B.5
 - 6 Checking Your Behavior SR.B.6
 - 7 Affirming Yourself SR.B.7
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Problem Solving PS

IV Problem Solving PS

Determining Private Information PS.1

1 Determining Private Information PS.1

Understanding Rules of Swearing PS.2

2 Understanding Rules of Swearing PS.2

Understanding Rules of Touch PS.3

3 Understanding Rules of Touch PS.3

Planning for Stressful Situations PS.4 **4 Planning for Stressful Situations** PS.4

Defining a Problem PS.5 **5 Defining a Problem** PS.5

Considering Alternatives PS.6 **6 Considering Alternatives** PS.6

Choosing an Alternative PS.7 **7 Choosing an Alternative** PS.7

When to Change Strategies PS.8 **8 When to Change Strategies** PS.8

When a Rule Doesn't Work PS.9 **9 When a Rule Doesn't Work** PS.9

Giving Feedback PS.10 **10 Giving Feedback** PS.10

Seeking Attention PS.11 **11 Seeking Attention** PS.11

Accepting Attention PS.12 **12 Accepting Attention** PS.12

Making a Complaint PS.13 **13 Making a Complaint** PS.13

When You Don't Understand PS.14 **14 When You Don't Understand** PS.14

Understanding Emotions UE **V Understanding Emotions** UE

Knowing Your Feelings UE.1 **1 Knowing Your Feelings** UE.1

Feeling Different UE.2 **2 Feeling Different** UE.2

Expressing Your Feelings UE.3 **3 Expressing Your Feelings** UE.3

Calming Your Feelings UE.4 **4 Calming Your Feelings** UE.4

Showing Affection UE.5

5 Showing Affection UE.5

Recognizing Another's Feelings UE.6

6 Recognizing Another's Feelings UE.6

Showing Concern for Another UE.7

7 Showing Concern for Another UE.7

Understanding Another's Intentions UE.8

8 Understanding Another's Intentions UE.8

Dealing with Another's Anger UE.9

9 Dealing with Another's Anger UE.9

School-Related Skills SRS

VI School-Related Skills SRS

Asking for Help SRS.1

1 Asking for Help SRS.1

Ignoring Distractions SRS.2

2 Ignoring Distractions SRS.2

Contributing to Discussions SRS.3

3 Contributing to Discussions SRS.3

Taking a Break SRS.4

4 Taking a Break SRS.4

Setting a Goal SRS.5

5 Setting a Goal SRS.5

Completing Assignments SRS.6

6 Completing Assignments SRS.6

Following Adult Directions SRS.7

7 Following Adult Directions SRS.7

Asking for Information SRS.8

8 Asking for Information SRS.8

Organizing Materials SRS.9

9 Organizing Materials SRS.9

**Making
Corrections** [SRS.10](#)

10 Making Corrections [SRS.10](#)

**Preparing for
Class** [SRS.11](#)

11 Preparing for Class [SRS.11](#)

**Dealing with
Transitions** [SRS.12](#)

12 Dealing with Transitions [SRS.12](#)

Interruptions [SRS.13](#)

13 Interruptions [SRS.13](#)