

# Grade 2

Adopted 2016

**Demonstrates competency in a variety of motor skills and movement patterns.**

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- 2. Skips using a mature pattern.** S1.E1.2
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- 2. Runs with a mature pattern. Travels showing differentiation (pacing) between jogging and sprinting.** S1.E2.2
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- 2. Demonstrates four of the five critical elements for jumping and landing in a horizontal plane using a variety of one-and two-foot take-offs and landings.** S1.E3.2
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- 2. Demonstrates four of the five critical elements for jumping and landing in a vertical plane.** S1.E4.2
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- 2. Performs a teacher and/or student-designed rhythmic activity with correct response to simple rhythms.** S1.E5.2
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- 2. Developmentally appropriate emerging outcomes first appear in grade three.** S1.E6.2
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- 2. Balances on different bases of support combining levels and shapes. Balances in an inverted position with stillness and supportive base.** S1.E7.2
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- 2. Transfers weight from feet to different body parts/bases of support for balance and/or travel.** S1.E8.2
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- 2. Rolls in different directions in either a narrow or curled body shape.** S1.E9.2
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- 2. Differentiates among twisting, curling, bending, and stretching actions.** S1.E10.2
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- 2. Combines balances and transfers into a three part sequence (e.g., dance, gymnastics).** S1.E11.2
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- 2. Developmentally appropriate/emerging outcomes first appear in grade three.** S1.E12.2
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- 2. Throws underhand and overhand using a mature pattern.** S1.E13.2
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- 2. Developmentally appropriate/emerging outcomes first appear in grade four.** S1.E14.2

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- 2. Catches a self-tossed or well-thrown large ball/object with hands not trapping or cradling against the ball.** S1.E15.2
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- 2. Dribbles using the preferred hand while walking in general space.** S1.E16.2
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- 2. Dribbles with the feet in general space with control of ball and body.** S1.E17.2
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- 2. Developmentally appropriate/emerging outcomes first appear in grade three.** S1.E18.2
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- 2. Developmentally appropriate/emerging outcomes first appear in grade four.** S1.E19.2
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- 2. Uses a continuous running approach and kicks a moving ball demonstrating three of the five critical elements of a mature pattern.** S1.E20.2
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- 2. Volleys an object upward with consecutive hits.** S1.E21.2
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- 2. Developmentally appropriate/emerging outcomes first appear in grade four.** S1.E22.2
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- 2. Strikes an object upward with a short-handled implement using consecutive hits.** S1.E23.2
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- 2. Strikes a ball off a tee or cone with a bat using correct grip and side orientation/proper body orientation.** S1.E24.2
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- 2. Developmentally appropriate/emerging outcomes first appear in grade four.** S1.E25.2
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- 2a. Jumps a self-turned rope consecutively forward and backward with a mature pattern.** S1.E26.2A
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- 2b. Jumps a long rope five times consecutively with student turners.** S1.E26.2B
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**Applies knowledge of concepts, principles, strategies and tactics related to movement and performance.**

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- 2. Combines locomotor skills in general space to a rhythm.** S2.E1.2
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- 2. Combines shapes, levels, & pathways into simple travel, dance & gymnastics sequences.** S2.E2.2
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- 2. Varies time and force with gradual increases & decreases.** S2.E3.2
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- 2. Developmentally appropriate/emerging outcomes first appear in grade three.** S2.E4.2
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- 2. Developmentally appropriate/emerging outcomes first appear in grade three.** S2.E5.2
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**Demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.**

**2. Describes large motor and/or manipulative physical activities for participation outside physical education class.** [S3.E1.2](#)

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**2a. Actively engages in physical education class in response to instruction and practice.** [S3.E2.2A](#)

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**2b. Engaged in MVPA 50% of class time.** [S3.E2.2B](#)

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**2. Identifies physical activities that contribute to fitness.** [S3.E3.2](#)

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**2. Developmentally appropriate/emerging outcomes first appear in grade three.** [S3.E4.2](#)

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**2. Developmentally appropriate/emerging outcomes first appear in grade three.** [S3.E5.2](#)

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**2. Recognizes the good health balance of nutrition and physical activity.** [S3.E6.2](#)

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**Exhibits responsible personal and social behavior that respects self and others.**

**2. Practices skills with minimal teacher prompting.** [S4.E1.2](#)

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**2. Accepts responsibility for class protocols with behavior and performance actions.** [S4.E2.2](#)

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**2. Accepts specific corrective feedback from the teacher.** [S4.E3.2](#)

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**2. Works independently with others in partner environments without regard to differences.** [S4.E4.2](#)

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**2. Recognizes the role of rules and etiquette in teacher designed physical activities.** [S4.E5.2](#)

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**2a. Works independently and safely in physical education.** [S4.E6.2A](#)

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**2b. Works safely with physical education equipment.** [S4.E6.2B](#)

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**Recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.**

**2. Recognizes the value of "Good Health Balance".** [S5.E1.2](#)

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**2. Compares physical activities that bring confidence and challenge.** [S5.E2.2](#)

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**2. Identifies and discuss physical activities that provide enjoyment and self-expression (e.g., dance, gymnastics routines, practice tasks in game environments).** [S5.E3.2](#)

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**2. Demonstrates socially acceptable conflict resolution skills.** [S5.E4.2](#)