

# 9-12

## Self-Awareness and Self-Management 16.1

- a** Evaluate emotional responses in relation to the impact of self and others at home, school, work, and community 16.1.A

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- b** Demonstrate personal traits leading to positive relationships and life achievements 16.1.B

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- c** Apply protective factors and healthy coping skills when encountered with adversity 16.1.C

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- d** Incorporate goal setting into college, career, and other life decisions 16.1.D

## Establishing and Maintaining Relationships 16.2

- a** Establish and maintain quality relationships that enhance personal, college, and career goals 16.2.A

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- b** Interact with family, work, and community demonstrating respect, cooperation, and acceptance of differences in others 16.2.B

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- c** Use communication skills to effectively interact with others 16.2.C

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- d** Utilize appropriate conflict resolution skills effectively in home, school, and community 16.2.D

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- e** Access appropriate support when necessary to resolve a problem or situation 16.2.E

## Decision Making and Responsible Behavior 16.3

- a** Evaluate conflicts considering personal, ethical, legal, safety, and civic impact of the consequences and acceptance of final choice 16.3.A

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- b** Express acceptance of social norms of different societies and cultures 16.3.B

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- c** Actively engage in creating and promoting an environment that encourages healthy relationships (upstanders vs bystanders) and positive responsibility as an observer of negative behavior. 16.3.C